



***Walking with Mother Enrichetta
to bring hope and joy
to today's world***

February 2023

1 - LIFE OF UNION WITH THE TRINITY DWELLING WITHIN

- “I yearn for and burn with the desire to annihilate myself in order to find myself entirely united to the Most Holy Trinity and I desire that all tongues could freely sing: Glory be to the Father, Glory be to the Son, Glory be to the Holy Spirit” (M. Enrichetta Dominici, II B, p. 350).
- **Strategy: 1.3.3b:** We desire to strengthen and revive our relationship with the Holy Trinity in reaching out to the humanity, through an authentic prayer that becomes life, so that we become for others a small beautiful memory of God.
- Moment of Silence / Prayer / Hymn to M.E.

2 - LOVE FOR THE MISSION

- “I consecrate myself, for the love of You and for the salvation of souls to the Holy Missions... with the firm intention of doing and suffering everything so that the souls... may know, love and serve You, even if it means, with Your Divine help, the shedding of my blood” (M. Enrichetta Dominici, I, p. 166).
- **Strategy: 1.5.3a.** We encourage one another to live our own vulnerability as an expiation for the wounds of the Church and of the world.
- Moment of Silence / Prayer / Hymn to M.E.

3 - ACCOMPANYING THE MOST FRAGILE AND VULNERABLE

- I wrote in my heart than on paper, among my other intensions this particular one: never to judge anyone especially my dear Sisters, and always to think well of everybody as required by charity and when an action was inexcusable, always to excuse the intension. (M. Enrichetta Dominici, I, p. 126).
- **Strategy: 2.2.3a:** We try to be attentive towards each Sister by taking on ourselves her weaknesses, turning our gaze to and accompanying with predilection above all the most fragile and vulnerable ones.
- Moment of Silence / Prayer / Hymn to M.E.

4 - NURTURE NATURE FOR THE FUTURE

- Being all to myself, I used to go to the garden, sing hymns and delight in the growing desire to become good and sincerely serve the Lord (M. Enrichetta Dominici, I, p. 86).
- **Strategy: 5.3.3c:** We want to foster ecological spirituality in our Communities and with the LASA especially in the light of the testimonies of our Founders and Mother Enrichetta.
- Moment of Silence / Prayer / Hymn to M.E.

5 - WITNESSES OF LOVE

- “Good God, you are the essence of goodness. Why do you not make yourself known to all creatures for what you are? And who, knowing you, would not love you? Ah! Indeed, it is not possible to know you and not to seek to make you loved by as many persons as possible” (M. Enrichetta Dominici, IIB. p. 312).
- **Strategy: 3.4.3b:** We encourage to pray for each other, Sisters of St. Ann and LASA for fidelity and fecundity.
- Moment of Silence / Prayer / Hymn to M.E.

6 - THE EVERYDAY HEROISM

- Love is paid by love, says an ancient proverb. Well then, my beloved daughters, let us love our dear Jesus cordially, sincerely, intensely and perseveringly. Since true love is shown more by facts than by words, let us renew our favour in the practice of Christian virtue, in the exact observance of the holy Constitutions and through the privilege of daily communion, mark for each one of us, a remarkable progress on the road of religious perfection” (M. Enrichetta Dominici, IIA, p.44).
- **Strategy: 1.1.3a.** In the small and big choices every day, we desire to let ourselves be immersed in the grace of God received in the Holy Eucharist, and enlightened by the Word of God, to sanctify ourselves in day-to-day life.
- Moment of Silence / Prayer / Hymn to M.E.

7 - THE SPIRIT, SOURCE OF LIFE AND CONSOLATION

- “Daddy gave me a look of inexplicable goodness, which, while it gratified me to know his satisfaction at the said disposition, regenerated in me more and more, the longing to sacrifice and immolate myself, in everything and always, to the dear will of God... A gaze of the intellect, as I understand it, lighting me up and uniting me with God, at the same time, so that, without my seeing anything material, I see and feel His presence. My gaze remains fixed and directed to that centre where God wants it to remain; there, as though in a *mirror*, *I see and understand whatever Daddy is pleased to communicate to me*” (M. Enrichetta Dominici, IIB, p. 616).
- **Conviction: 1.1.1.** We are convinced that the spiritual dimension is indispensable for our life and we feel the urgency to make a personal and communitarian journey of sanctity rooted in Christ.
- Moment of Silence / Prayer / Hymn to M.E.

8 - SOUL OF INFINITE PRICE

- “In my poverty, I see myself rich, in my weakness I see myself strong, in my state of being a miserable worm of this earth, I feel happy with the happiness of my omnipotent God. Goodness, goodness, infinite goodness of my God; grant in this very goodness that all may know you, adore you, praise you, magnify you in everything, in every place in every time! I see that the whole of my long course of life was like a continuous fabric of grace, of blessings, of merciful love of my God; and I, how did I correspond with them?” (M. Enrichetta Dominici, IIB, p. 309).
- **Plan of Action: 1.2.2.** We shall commit ourselves to grow in the experience of Trinitarian Communion leading towards spiritual asceticism.
- Moment of Silence / Prayer / Hymn to M.E.

9 - LOOK AT THE OTHER WITH THE EYES OF JESUS

- You need patience and above all meekness, if you want to do a little good. Draw the one and the other from the Divine Heart of

Jesus, trust Him and you will see what a good teacher He is! God, God alone and His Holy Will in everything and always!" (M. Enrichetta Dominici, IIA, p. 105).

- **Strategy: 2.1.3c.** We commit ourselves to recognize the presence of Jesus in the face of every Sister with whom we share our daily journey of following Christ in spite of our differences
- Moment of Silence / Prayer / Hymn to M.E.

10 - LOVE FOR THE LAST, LEAST AND LOST

- "The Lord has great love for the poor in spirit, hearts empty of themselves with their limited capacity! They serve so well to make His omnipotence shine out and therefore He so willingly employs them for His glory and for the good of souls!! Be a willing instrument in the hands of the Divine Artificer and let Him use you or leave you aside as it best pleases Him." (M. Enrichetta Dominici, IIA, p.154).
- **Plan of Action: 4.2.2** We commit ourselves to go with courage towards the existential and geographical peripheries.
- Moment of Silence / Prayer / Hymn to M.E.

11 - HOLINESS IN THE FOOTSTEPS OF BLESSED ENRICHETTA

- Try to avail yourself of all the means the Lord grants you to become a saint and then you will see that you will taste true peace of heart, which is not found, except in continuous *vince te ipsum* (self conquest) (M. Enrichetta Dominici, IIA, p. 87).
- **Plan of Action: 1.4.2.** We shall commit ourselves to deepen our knowledge of our Founders and Mother Enrichetta.
- Moment of Silence / Prayer / Hymn to M.E.

12 - DEEDS SPEAK LOUDER THAN WORDS

- Oh! The Lord knows better than us, what is good for us and gives it to us without hesitation and without fear of displeasing us!!... Let us allow Him to do and try to love Him very much. Nevertheless, remember that the proof of true love is in the works and that we

can love the Lord very sincerely even without having the least spiritual relish (M. Enrichetta Dominici, IIA, p.170).

- **Strategy: 5.4.3a.** We try to avoid excessive personal exigencies in food, clothing, care of one's person etc.
- Moment of Silence / Prayer / Hymn to M.E.

13 - THE LORD WANTS TO IMPRESS HIS HOLY IMAGE IN OUR HEARTS

- Desires even though good ones, when they are too strong, disturb the peace of the soul and implore the action of the Lord, who would like to impress His holy image on the heart and in the spirit of His beloved spouse. (M. Enrichetta Dominici, IIA p.160).
- **Plan of action: 1.3.2.** We shall commit ourselves to strengthen and revive our relationship with the Most Holy Trinity, "who stoops towards humanity".
- Moment of Silence / Prayer / Hymn to M.E.

14 - TAKING CARE OF THE ENVIRONMENT BECAUSE THERE IS GOD IN IT

- The things around me lifted my spirit to the Author of all good, who not only preserves us with His omnipotence, but still more, in His fatherly goodness fills us with joy at the wonders of nature. At the sight of so much goodness, the desire to be good grew more and more within my heart. (M. Enrichetta Dominici, I, p. 86).
- **Strategy: 5.2.3a:** We propose to create and take care of the green zones in our Communities and the various places of our apostolate.
- Moment of Silence / Prayer / Hymn to M.E.

15 - WIN SELF-LOVE WITH ACCEPTANCE AND DIALOGUE

- In the spiritual life there is no quick or *sudden death*; self-love almost always dies of *consumption*, that is by slow degrees. How much we need to strike it before we can succeed in overcoming it! (M. Enrichetta Dominici, IIA, p.64).
- **Strategy:2.3.3a.** We propose to value the beauty of being different through the contribution of each one for the richness of

the community, to arrive at a reconciled diversity by means of acceptance and dialogue.

- Moment of Silence / Prayer / Hymn to M.E.

16 - OFFER WEAKNESSES FOR THE GOOD OF THE CHURCH

- «... from the first day of the novena of Mary Immaculate, my dear and tender Mother, there was perfect darkness. I begged her and offered myself to endure every greatest darkness and pain, both internal and external, so much for the good of the Church, for which I always continue to sacrifice myself, as for the greater perfection of my daughters and dear Mother, good as is, she has deigned to hear me ». (M. Enrichetta Dominici, IIB, p. 209).
- **Strategy: 1.5.2.** We shall commit ourselves to live, irrespective of our age, the joys and sufferings of the Church, like Mother Enrichetta.
- Moment of Silence / Prayer / Hymn to M.E.

17 -GROWING IN UNION OF HEARTS

- If you permit me to ask you a favour, it is precisely this: to do your best to grow more and more in this union of hearts , sustaining one another mutually, charitably excusing the intension when you cannot excuse the action (M. Enrichetta Dominici, IIA, p.32).
- **Strategy: 4.1.3e.** We recommend to carry out pro-life activities and adopt families in difficulties, wherever possible.
- Moment of Silence / Prayer / Hymn to M.E.

18 - OVERCOMING THE ENEMY WITH THE WEAPON OF WORD OF GOD

- I eagerly went to listen to the Word of God, proclaimed or preached by His ministers. This always made a deep impression on me. (M. Enrichetta Dominici, I, p. 90).
- **Strategy: 2.1.3b.** We want to value Lectio Divina as a moment of sharing on how the Word of God works in each one of us, so as to understand the journey of each one and grow in communion.
- Moment of Silence / Prayer / Hymn to M.E.

19 - LET ALL KNOW THE OMNIPOTENCE AND GOODNESS OF GOD

- “God’s goodness and omnipotence are not loved because they are not known!” (M. Enrichetta Dominici, IIB, p.350).
- **Strategy:** 4.1.3c. We propose regular and planned visits to the families and offer them counselling.
- Moment of Silence / Prayer / Hymn to M.E.

20 - SERVING GOD AND MAKING THE CHURCH MORE BEAUTIFUL

- For now, think of my Church and nothing else. I did not understand these words, but I understood their meaning very well, and putting everything back into the hands of the good Lord I no longer thought about them...». (M. Enrichetta Dominici, IIB, p. 200).
- **Strategy:** 1.5.3b. We propose to nurture our love for the Church by sharing its joys and hopes and by reading the documents of the Magisterium and following its orientations.
- Moment of Silence / Prayer / Hymn to M.E.

21 - FIDELITY TO THE SPIRITUAL HERITAGE OF MOTHER ENRICHETTA

- Keep yourself filially abandoned in the paternal arms of the Divine Providence and go forward with simplicity and humility (M. Enrichetta Dominici, IIA. p. 179).
- **Strategy:** 2.2.3c. We strive to grow in the sense of belonging by moving from “I” to “We” in our attitude and in the way we communicate, learning to value others in humility and in fraternal dialogue.
- Moment of Silence / Prayer / Hymn to M.E.

22 - RESPONSIBILITY AND CARE FOR MOTHER EARTH

- «My passion for flowers did not cool down, and I make bold to say that it was then my dominant passion. I gathered a quantity all species. A good priest, who was a close friend of my uncle’s and who loved flowers more than I did, gave me quite a lot of them. (M. Enrichetta Dominici, I, p.86).

- **Strategy: 5.3.3a.** We update ourselves constantly on the ecological situation of the world and allow ourselves to be questioned by the sufferings of the poor and of the earth.
- Moment of Silence / Prayer / Hymn to M.E.

23 - PASSION FOR GOD, PASSION FOR HUMANITY

- The moment I was aware of even the least need of the Sisters, I was urged to rush and help them. May God be praised for everything! (M. Enrichetta Dominici, I, p.142).
- **Strategy: 1.3.3a.** We let ourselves be enlightened by the Icon of Merciful Love to experience the Mercy and Providence of God, in order to become His instruments.
- Moment of Silence / Prayer / Hymn to M.E.

24 - BORN IN THE CHURCH, FOR THE CHURCH

- When I had within me the most Holy Trinity, I recommended to them all the needs of the Church, all the persons recommended to me and all those whom I am obliged to pray for. (M. Enrichetta Dominici, I, p. 229).
- **Conviction: 1.5.1.** We are convinced that, being born in the big Family of the Church, we are called to revive our passion for the Church.
- Moment of Silence / Prayer / Hymn to M.E.

25 - FIDELITY AND CO-RESPONSIBILITY

- Therefore. Do as much as you can to fulfill your duties exactly, especially in the little things and the common observances, and be at peace (M. Enrichetta Dominici, IIA, p.142).
- **Strategy: 2.5.3d.** We desire to live the sense of co-responsibility expressing freely and with frankness our ideas, purifying them with the Word of God in the sincere search for His Will.
- Moment of Silence / Prayer / Hymn to M.E.

26 - GRATEFUL FOR ALL THE BLESSINGS RECEIVED

- I will accept everything in a true spirit of poverty. I'll never complain about food or cloths, but will receive everything from the Community, my tender mother, like a poor person who deserves nothing and receives everything out of charity (M. Enrichetta Dominici, I, p.143).
- **Strategy: 5.5.3e.** In our food consumption habits, whenever possible, we make choices of food that come from natural and sustainable production.
- Moment of Silence / Prayer / Hymn to M.E.

27 - SOBRIETY IN THE FOOTSTEPS MOTHER ENRICHETTA

- During the long nine months absence of my Superior, I found myself at the head of the Community and I therefore had greater liberty to exercise myself in some external practice of mortification (M. Enrichetta Dominici, I, p.336).
- **Strategy: 5.2.3d.** We use in a responsible way electricity, water and paper.
- Moment of Silence / Prayer / Hymn to M.E.

28 - TO BE VISIBLE SIGNS OF HOPE AND JOY

- The resolution that I made was never to allow myself to be beaten and discouraged, whatever may happen to me, and even in those same falls to turn back to God with humility and to put myself anew on the right path of virtue, doing all that is possible to live constantly abandoned in the loving arms of the heavenly Father. (M. Enrichetta Dominici, I, p.355).
- **Strategy: 2.2.3e.** We desire to make our communities a visible sign of hope and joy so that they become credible witnesses and draw religious vocations.
- Moment of Silence / Prayer / Hymn to M.E.

